## Please read the User Guide

It will help you get the best out of your product.

**Still have questions?**
Call After Sales Support
**1300 002 534**
Or visit tempo.org/support

## Warranty returns

Should you for any reason need to return this product for a warranty claim, make sure to include all accessories with the product.

## Product does not work?

If you encounter problems with this product, or if it fails to perform to your expectations, make sure to contact our After Sales Support Centre on 1300 002 534.

## Breath training

On the main menu, tap on the 🔵 function. Select the training time and inhale/exhale according to the rhythm displayed on the watch.

## Message (Notifications)

After your smart phone is connected to the watch, you can view new messages and other app notifications on the watch. The latest 8 notifications will be displayed on the watch. Your smart phone's "SMS reminder" must be set to on. You can set which app notifications to receive under "App reminder" on the GloryFit app.

**NOTE**: Under "permission settings" on the GloryFit app, enable the messages to run in the background.

## Sedentary Reminder

Set reminders to notify you to be active.
Set the reminder times on the GloryFit app and the watch will alert you on the set time.

## Voice Assistant

On the main menu, tap on the 🔵 icon to launch the voice assistant function of the connected smart phone.

## Tools

On the main menu, tap on the 🔵 icon to enter the

function menu to access the below:
• Find Phone
• Flashlight
• Remote Camera
• Stopwatch
• Calculator
• Timer

## Find Phone

After your smart phone is connected to the watch, tap the find phone icon and your smart phone will ring or vibrate.

## Remote Camera

On the GloryFit app, go to Device > Universal settings >Shake to take picture. You can now use the watch as a camera remote for your smart phone. Once the smart phone is connected to the watch, shake the watch or press the screen to remotely take a photo.

## Settings

On the main menu, tap on the 🔵 icon to enter the settings menu and change the following:
• Watch Face & Theme
• Brightness
• Sound & Vibration
• Password

• Raise to Wake Up
• DND Mode
• App QR Code
• System (Reboot, Power Off, and Reset)
• Information

## Watch Face and Menu Theme

You can change the watch face and menu theme (list mode, grid mode and honeycomb mode) of the watch interface. On the main screen, press and hold the touch screen for the watch face selection page. Swipe left/right for different options, then tap the touch screen again to confirm selection.

## Password

If you've forgotten your password, open the GloryFit app and follow: Device > Reset device (or Clear data) > Confirm reset the data.

## Shortcut Menu

Swipe down to access the
Shortcut menu where you
can adjust the Bluetooth
call/audio hands-free mode,
turn on do not disturb
mode and rings, raise to
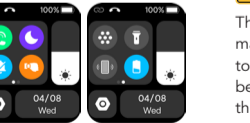
wake up, brightness, menu theme, torch, find phone, energy saving, and enter settings.

## Cycle Tracking for Women

On the main menu, tap the 🔵 icon to display the reminder for cycle tracking. To use this function you need to enable the "Womens Health" setting in the app and then enter your information and turn on the reminder. You can see that there will be a corresponding number of days remaining in the cycle.

## Change the Strap

Your watch comes with:
1 x Interchangeable Strap
To change the strap, turn the
watch over and  push the pins as
illustrated to take off the original
strap, then fit the new strap.

⚠️ **Warning**

The chain strap consists of a
magnet which in close proximity
to other metallic objects, may
become attached and/or loosen
the strap.
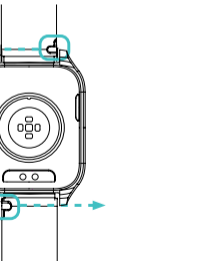
**Notes**

## Specifications

| Display | 1.78" |
|---|---|
| Ingress protection | IP67 |
| Charging time | 2 hrs (approx.) |
| Charging base input | 5V⎓200mA |
| Bluetooth Range | < 10m |
| Built-In Battery | Li-ion 3.7V 260mAh |
| Weight with silicone strap (mm) | 46g (Approx.) |
| Dimensions (mm) | 39 (W) x 52 (H) x 11.3mm (D) |

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The RCM is a visible indication of a product's compliance with all applicable ACMA regulatory arrangements, including all technical and record-keeping requirements.

## ALDI

## BAUHN®

### Warranty Information

The product is guaranteed to be free from defects in workmanship and parts for a period of 12 months from the date of purchase. Defects that occur within this warranty period, under normal use and care, will be repaired, replaced or refunded at our discretion, solely at our option with no charge for parts and labour. The benefits conferred by this warranty are in addition to all rights and remedies in respect of the product that the consumer has under the Competition and Consumer Act 2010 and similar state and territory laws.

Our goods come with guarantees that cannot be excluded under the Australian Consumer Law. You are entitled to a replacement or refund for a major failure and to compensation for any other reasonably foreseeable loss or damage. You are also entitled to have the goods repaired or replaced if the goods fail to be of acceptable quality and the failure does not amount to a major failure.

## Repair and Refurbished Goods or Parts Notice

Unfortunately, sometimes faulty products are manufactured, which need to be returned to the supplier for repair.

Please be aware that if your product is capable of retaining user-generated data (such as files stored on a computer hard drive, telephone numbers stored on a mobile telephone, songs stored on a portable media player, games saved on a games console or files stored on a USB memory stick) during the process of repair, some or all of your stored data may be lost. We recommend you save this data elsewhere prior to sending the product for repair.

You should also be aware that rather than repairing goods, we may replace them with refurbished goods of the same type or use refurbished parts in the repair process.

Please be assured though, refurbished parts or replacements are only used where they meet ALDI's stringent quality specifications.

If at any time you feel your repair is being handled unsatisfactorily, you may escalate your complaint. Please telephone us on 1300 002 534 or write to us at:

Tempo (Aust) Pty Ltd ABN 70 106 100 252
PO Box 6097, North Sydney, NSW,2059, Australia
Telephone: 1300 002 534 (Aust) - Fax: (02) 8977 3765
Tempo Help Desk: 1300 002 534 (Aust)
(Operating Hours: Mon-Fri 8:30am-6pm; Sat 9am-6pm EST)
Email: tempo.org/support

## BAUHN®

### Smart Watch
with Interchangeable Strap

### User Guide

## Parts of the watch



Front      Back

1. Touch screen
2. Side button
3. Microphone
4. Speaker
5. Heart rate sensor
6. Charging pins

**NOTE**: The images in this guide are for reference only. Your watch may be a different colour.

### First Time Use

Charge your watch before using for the first time, you will need to charge it for about 2 hours.

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Charging steps:

1. Align the charging pins on the back of the watch to the charging pins on the charging cable. It will snap into position once correctly aligned.
2. Connect the charging cable to a USB charging adaptor (not included) or a USB port on your computer.



3. Once fully charged, unplug the charging cable from the charger.

To keep the charging pins clean, please use a soft cloth and gently clean the charging pins weekly.

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Note: If the Smart watch is extremely low on power when you begin charging it, the screen display may be blank for up to 2 minutes before the charging image appears.

### GloryFit App

Search for the GloryFit app in the app store to download, or scan the QR code below for installation.

| For Android | For iOS |
|---|---|
|  |  |

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## Turn on the Watch

Once the watch is fully charged, press and hold the side button for 3 seconds to turn on the watch. To turn off the watch, press the side button to turn on the screen, then press and hold the side button for 3 seconds.

### Connect to the App

Open the GloryFit app. Once the app is open, follow: Device > Select Device > Select "AFTWS-0825-S" from the list. The smart watch will connect to the app. On iOS devices, you may need to tap on "Pair" on a pop up window.

**NOTE**: If the connected watch has been reset, please unbind the watch in the app before reconnecting or select the device from the list in the app directly to reconnect. Once connected, the shortcut menu on the watch will display. 🖐️✋ To ensure stability of the watch connection, tap "Me", select "Permission settings" on the GloryFit app, then select "Background Activity Permissions" to allow the app to run in the background. This setting may not apply to your phone model or version, please find out the phone's settings by yourself.

### Disconnect from the App

Open the GloryFit app. Select "Device", tap the connected device then tap "Unbind" to disconnect the watch.

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On iOS devices, you will also need to open the settings menu on your iPhone. Go to Bluetooth settings, tap on the "i" icon on the right side of "AFTWS-0825-S" and then tap 'Forget This Device' to finish disconnecting.

### Turn On the Screen

To turn on the screen, Raise your arm if you're wearing the watch, or press the side button. Press the button again to turn off the screen. Raising your arm too quickly or slowly may not turn the screen on.

**NOTE**: You will need to turn on the "Raise to wake up" function on the watch settings menu for the function to work.

### Functions On the Home Screen

- Swipe up for the notifications screen.
- Swipe down for the shortcut menu.
- Swipe right to access the quick menu, weather and recently run functions.
- Swipe left to access sports data, phone call, heart rate, and sleep monitor.
- Press the side button to access main menu.
- Press and hold the watch face for 5 seconds to change the interface, swipe left/right to switch and tap to confirm.

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## Functions in any Screen

- Swipe right or press the side button to return to the previous screen or main screen.
- Tap on any icon to get into the sub screen.

### Applications

Please allow permission and enable the notification settings on the respective smart phone application.

### Activity (Pedometer)

On the main menu, tap on the 🟡 icon to enter the Pedometer interface. The watch will track the number of steps taken, calories burnt and distance travelled. If your exercise goal is set on the app, the watch will display the actual vs goal ratio. Swipe up on the screen to check your record in detail. The watch will automatically synchronise the data with the GloryFit app.

### Training (Sports)

On the main menu, tap on the 🟠 icon to enter the multi-sport screen. There are more than 100 sport modes for you to choose from.
When you want to pause/stop the activity, swipe right to display the pause/stop icon. Tap the icon to pause/stop. You can also start the activity on the GloryFit app on your smart phone and it will sync data to the watch.

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GPS connection: select the ⌖ icon on the GloryFit app to enter the Sports menu. Select the sport mode or you can tap "+" to add desired sport mode.
Tap "GO" on the screen and select OK to confirm GPS access. The sport mode will start on the app and watch and synchronise.
Tap the 🟢 icon to display the GPS map. Tap the ⊗ icon to return to the sport menu. Tap the pause icon to pause the sport and tap and hold the stop icon to stop the sport. The GPS exercise data will be saved.
**NOTE**: The smart watch will only save data if the distance is more than 200 steps in duration. GPS function must be turned on mobile and be connected to the mobile network

### Heart Rate

On the main menu, tap on the 🟡 icon to measure your heart rate. Set measurement intervals and view more detailed data on the GloryFit app.

When using the heart rate functions, ensure the following:

- The smart watch has good contact with your wrist.
- Check that the sensor is clean and there is no dirt or debris covering it.
- You can turn the heart rate monitor on/off within

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the app. Select "Device" > "Heart rate monitoring". Battery life will be reduced when this function on.
**NOTE**: The results and measurements of heart rate data cannot be used for medical reference and should be used as a guide only.

### Bluetooth Calls

On the main menu, tap on the 🟢 icon to enter the Bluetooth call menu where you can view contacts, call history and the dialer.
This function will automatically turn off to save battery power.
You will be prompted to confirm that you wish to turn on the Bluetooth call function before using it.
**NOTE**: Your smart phones Bluetooth must be paired to "AFTWS-0825-S" to use the function.
On the watch home screen, swipe down for the shortcut menu, and turn on the Call/Audio hands-free mode. Please ensure the shortcut menu shows. 🖐️✋

### Call Operation

After your smart phone is connected to the watch, you can directly answer/reject incoming calls through the watch.
To answer an incoming call, tap the 🟢 icon. To reject the call, tap the 🔴 icon. During the call, tap the 📞 icon to mute/unmute. Tap the 🎵 icon and swipe up/down to adjust the volume.

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### Emergency Contact (SOS)

In case of emergency, tap on the 🔴 icon to make a SOS call. You can add the emergency phone number through the app.

### Sleep Monitor

The watch has a dedicated built-in sleep monitor that automatically activates and records your sleep details when you fall asleep (you must be wearing the watch during the sleep duration for the function to work). Whether you are taking an afternoon nap or a nights sleep, the sleep monitor will automatically activate at any time of the day.
On the main menu, tap on the 🟡 icon to enter the Sleep interface and view the sleep summary where you can see information on your total sleep, deep sleep and light sleep. You can view more detailed records on the GloryFit app as the data on the watch will be synchronised to the app.
The watch will record your daily, weekly and monthly sleep data and generate reports accordingly.
**NOTE**: If the sleep duration is less than 3 hours, the data will be not recorded.

### Bluetooth Music Playback

- On the main menu, tap the 🟡 icon to enter the

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Bluetooth music playback menu.

- Open the music app on your smart phone.
- Tap play/pause icon to play/pause music.
- Tap previous/next icon to play the previous/next song.
- Tap the volume icon to increase/decrease the volume.

**NOTE**: On the watch home screen, swipe down for the shortcut menu, and turn on the Call/Audio hands-free mode. On the watch Settings menu, select 'Sound and vibration", select "Multimedia sound", and turn on. Now you can hear the music from the watch's speaker. The battery life will get shorter when this function is enabled.

### Weather

On the main menu, tap on the 🟡 icon to view live weather. You must be connected to the GloryFit app.
**NOTE**: You must have Internet/mobile connection for this function to work. The weather displayed may not be the same as your phone's default weather app.

### Alarm

You can set alarms on the app. When the set time is up, the watch will alert. You can set up to 3 alarms.