Warranty returns

Should you for any reason need to return this product for a warranty claim, make sure to include all accessories with the product.

Product does not work?

If you encounter problems with this product, or if it fails to perform to your expectations, make sure to contact our After Sales Support Centre on 1300 002 534.

Stopwatch

On the main menu, tap on the ⏱ icon to enter stopwatch interface. Tap the play icon to start the stopwatch, tap the pause icon to pause and the reset icon to reset the time.

Timer

On the main menu, tap on the ⏱ icon to enter timer interface. Select from 1/3/5/10 minutes, and the watch will alert when the selected time is up.

Alarm Clock

On the main menu, tap on the ⏰ icon to view your alarms. Set your alarms on the FitCloudPro app. When the set time is up, the watch will alert. You can set up to 5 alarms.

Find Phone

After your smart phone is connected to the watch, tap the 📱 icon and your smart phone will ring or vibrate.

Sedentary Reminder

Set reminders to notify you to be active. Set the reminder times on the FitCloudPro app and the watch will alert you on the set time.

Drink Reminder

Set reminders to notify you to be hydrated. Set the reminder times on the FitCloudPro app and the watch will alert you on the set time.

Remote Camera

After your smart phone is connected to the FitCloudPro app, tap "Device" on the app and select "Shake to Take a Photo". Your watch will display a camera icon, tap the icon or shake the watch to use as a camera remote for your smart phone.

Watch Face Screen

You can change the style of the watch interface. On the main screen, press for the watch face selection page. Swipe left/right for different options, then tap the touch screen again to confirm selection.
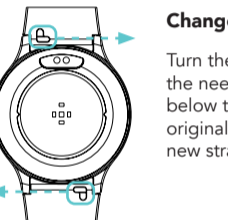
Shortcut menu

Do not disturb mode

Swipe down to access the shortcut menu where you can turn on/off do not disturb mode, adjust brightness, enter settings, find phone and view system version.

Settings

On the main menu, tap on the ⚙ icon to enter the settings menu to change the below: Menu style, Display, Battery, Vibration intensity, language, QR code, System.

Change The Straps

Turn the watch over, push the needle as illustrated below to take off the original strap, then fit the new strap.

Warning

The chain strap consists of a magnet which in close proximity to other metallic objects, may become attached and/or loosen the strap.

Specifications

Display	1.3", 360 x 360 pixels
Ingress protection	IP68
Charging time	2 hrs (approx.)
Charging base input	5V ⎓ 130mA
Bluetooth Range	< 10m
Built-In Battery	Li-ion 3.7V, 200mAh
Weight	40g (approx.) (silicone strap)
Dimensions (mm)	44.6 (W) x 44.6 (H) x 9.8 (D)

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Notes

Warranty Information

Repair and Refurbished Goods or Parts Notice

Smart Watch
with Interchangeable Strap
User Guide

Parts of the watch

Front   Back
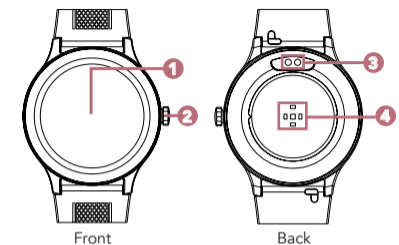
1. Touch screen
2. Side button
3. Charging pins
4. Heart rate sensor

NOTE: The images in this guide are for reference only. Your watch may be a different colour.

First Time Use

Charge your watch before using for the first time, you will need to charge it for about 2 hours.

Charging steps:

1. Align the charging pins on the back of the watch to the charging pins on the charging cable. It will snap into position once correctly aligned.
2. Connect the charging cable to a USB charging adaptor (not included) or a USB port on your computer.
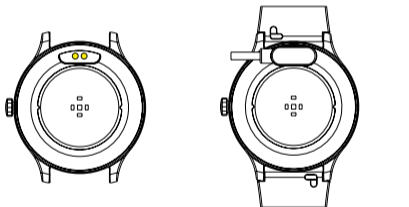
3. Once fully charged, unplug the charging cable from the charger.

To keep the charging pins clean, please use a soft cloth and gently clean the charging pins weekly.

FitCloud Pro App

Search for the FitCloudPro app in the app store to download, or scan the QR code below for installation.

For Android   For iOS

Turn on the Watch

Once the watch is fully charged, press and hold the side button for 3 seconds to turn on the watch. To turn off the watch, press and hold the side button for 3 seconds, and slide "shutdown".

Connect to the App

Open the FitCloudPro app. Once the app is open, follow: Device > Bind Device > Select "ADMSW-0424-R" from the list. The smart watch will connect to the app. On iOS devices, you may need to tap on "Pair" on a pop up window.

NOTE: If the connected watch has been reset, please unbind the watch in the app before reconnecting or tap "Rebind" in the app to directly reconnect.

To ensure the stability of the watch connection, tap "Me", select "Settings" on the FitCloudPro app, and then select "Run in background" to allow the app to run in background. This setting may not apply to your phone model or version, please find out the phone's settings by yourself.

Disconnect from the App

Open the FitCloudPro app. Select "Device", tap the connected device then tap "Unbind" to disconnect the watch. On iOS devices, you will also need to open the settings menu on your iPhone. Go to Bluetooth settings, tap on the "i" icon on the right side of "ADMSW-0424-R" and then tap 'Forget This Device' to finish disconnecting.

Turn On the Screen

To turn on the screen, press the side button or raise your arm if you're wearing the watch. Raising your arm too quickly or slowly may not turn the screen on. The screen will turn off after the preset screen off time.

NOTE: you will need to turn on the "Raise to Wake" function on the FitCloudPro app for the function to work.

Functions On the Home Screen

- Swipe right to access the quick menu, weather and sport.
- Swipe left to access sports data, heart rate, weather and sleep monitor.
- Swipe up for the notifications screen.
- Swipe down for the shortcut menu.
- Press the side button to access main menu.
- Press and hold the watch face for 5 seconds to change the interface, swipe left/right to switch and tap to confirm.

Functions in any Screen

- Swipe right or press the side button to return to the previous screen or main screen.
- Tap on any icon to get into the sub screen.

Applications

Please allow permission and enable the notification settings on the respective smart phone application.

Sports Mode

On the main menu, tap on the icon to enter the multi-sport screen. There are 20 sport modes for you to choose from.

When you want to pause/stop the activity, swipe right and select "Return" to resume or "End" to end the activity. Swipe left from the home screen to view the sports data.

Bluetooth Music Playback

- On the main menu, tap the icon to enter the Bluetooth music playback menu.
- Open the music app on your smart phone.
- Tap play/pause icon to play/pause music.
- Tap previous/next icon to play the previous/next song.
- Tap the Volume Up/Down icon to increase or decrease volume level.

Your smart phone must be connected to the FitCloudPro app to use the function.

Activity (Pedometer)

On the main menu, tap on the icon to measure view data on your steps taken, distance traveled and calories burnt. The watch will record your data automatically. Tap on the touch screen when on the interface to view more detailed data.

Heart Rate

On the main menu, tap on the icon to measure your heart rate. You can also swipe down to view the heart rate range. Set measurement intervals and view more detailed data on the FitCloudPro app.

NOTE: The results and measurements of heart rate data strictly cannot be used for medical reference and should be used as a reference only.

Sleep Monitor

On the main menu, tap on the icon to view sleep data (you must be wearing the watch during the sleep duration for the function to work). You can also swipe left three times to view the data. View more detailed records on the FitCloudPro app as the data on the watch will be synchronised to the app.

NOTE: If the sleep duration is less than 3 hours, the data will not be recorded.

Weather

On the main menu, tap on the icon to view live weather. You must be connected to the FitCloudPro app.

NOTE: You must have Internet/mobile connection for this function to work. The weather displayed may not be the same as your phone's default weather app.

Message

After your smart phone is connected to the watch, you can view new messages and other app notifications on the watch. The latest 15 notifications will be displayed on the watch. Your smart phone's "SMS reminder" must be set to on. You can set which app notifications to receive under "Push Notifications" on the FitCloudPro app.