Please read the User Guide
It will help you get the best out of your product.
Still have questions?
Call After Sales Support
1300 002 534
Or visit tempo.org/support

Warranty returns

Should you for any reason need to return this product for a warranty claim, make sure to include all accessories with the product.

Product does not work?

If you encounter problems with this product, or if it fails to perform to your expectations, make sure to contact our After Sales Support Centre on 1300 002 534 before returning it to the store for a refund.

Music

After your smart phone is connected to the watch and whilst your smart phone is playing music, select the Music icon to enter the music control interface to play/pause/switch songs.

NOTE: This function only works for music and not video playback.

Find Phone

After your smart phone is connected to the FunDo Health app, tap “Find Phone” on the watch and your smart phone will ring. Press the power button to exit.

Remote Capture

Tap on the remote capture icon to use the watch as a camera remote for your smart phone. After your smart phone is connected to the watch, open the FunDo Health app and select Device > Take a picture. Go to camera mode and tap the icon on the watch screen to remotely take a photo.

GPS Location

Swipe left on the home screen and select GPS function to view the current latitude and longitude of your current location. If you are inside a building or underground, this function will not work. Press the power button to exit.

NOTE: GPS searching time is subject to your location and GPS signal. It may take up to a few minutes. If you are inside a building or are underground, the function will not work.

Sleep Monitor

Swipe left from the home screen to view the sleep monitor data. After synchronising with the FunDo Health app, you can view more detailed records on your smart phone.

Menu Management

Tap the ● icon to add or delete the menu options of the quick access menu.

Brightness

Swipe down from the home screen and tap the brightness icon repeatedly to change the brightness.

Factory Reset

Tap to restore all settings to factory default.

Sedentary Reminder

Select the Sedentary reminder and set to on/off. This will notify you to be active. You can also set the reminder on the FunDo Health app.

Water Drinking Reminder

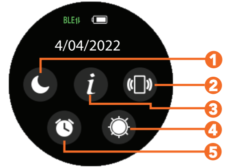
On the FunDo Health app, select “Device” to set the water drinking reminder on/off. You can set the intervals on the app.

QR Code

Displays the QR code for the FunDo Health app.

Shortcut Menu

Swipe down from the home screen to access the shortcut menu.

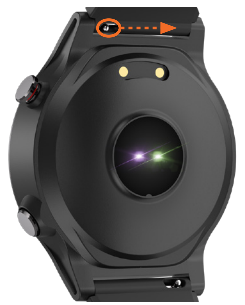


1. Do not disturb mode - tap to turn do not disturb mode on/off. You can set the duration for an hour or up to the next day’s morning (if set after 7pm) or night (if set after 7am). The watch will display “Tomorrow morning”or “Open till night” respectively.
2. Find Phone - tap to find your smart phone after connected to the Fundo Health app.
3. About - display the product name, hardware address and software version.
4. Brightness - tap to adjust the screen brightness settings.
5. Alarm - tap to enter the alarm settings menu.

Change The Straps

Turn the watch over (see below), push the top needle knob to the right to take off the original strap, then fit the new strap.

Note: only one strap is included with this product.



Specifications

Display	1.3”, 240 x 240 pixels
Ingress protection	IP67
Charging time	3.5 hrs (approx.)
Charging base input	5VDC, 200mA
Bluetooth Range	< 10m
Built-In Battery	Li-ion 3.7V 360mAh
Weight	60g
Dimensions (mm)	48.8(W) x 57(H) x 15.8(D)

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Warranty Information

The product is guaranteed to be free from defects in workmanship and parts for a period of 12 months from the date of purchase. Defects that occur within this warranty period, under normal use and care, will be repaired, replaced or refunded at our discretion, solely at our option with no charge for parts and labour. The benefits conferred by this warranty are in addition to all rights and remedies in respect of the product that the consumer has under the Competition and Consumer Act 2010 and similar state and territory laws.

Our goods come with guarantees that cannot be excluded under the Australian Consumer Law. You are entitled to a replacement or refund for a major failure and to compensation for any other reasonably foreseeable loss or damage. You are also entitled to have the goods repaired or replaced if the goods fail to be of acceptable quality and the failure does not amount to a major failure.

Repair and Refurbished Goods or Parts Notice

Unfortunately, sometimes faulty products are manufactured, which need to be returned to the supplier for repair.

Please be aware that if your product is capable of retaining user-generated data (such as files stored on a computer hard drive, telephone numbers stored on a mobile telephone, songs stored on a portable media player, games saved on a games console or files stored on a USB memory stick) during the process of repair, some or all of your stored data may be lost. We recommend you save this data elsewhere prior to sending the product for repair.

You should also be aware that rather than repairing goods, we may replace them with refurbished goods of the same type or use refurbished parts in the repair process.

Please be assured though, refurbished parts or replacements are only used where they meet ALDI’s stringent quality specifications.

If at any time you feel your repair is being handled unsatisfactorily, you may escalate your complaint. Please telephone us on 1300 002 534 or write to us at:

Tempo (Aust) Pty Ltd ABN 70 106 100 252
PO Box 6056, Frenchs Forest, NSW 2086, Australia
Telephone: 1300 002 534 (Aust) - Fax: (02) 9975 2688
Tempo Help Desk: 1300 002 534 (Aust)
(Operating Hours: Mon-Fri 8:30am-6pm; Sat 9am-6pm EST)
Email: tempo.org/support

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Smart Watch with GPS

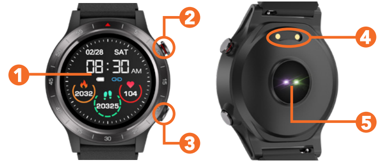
User Guide

AFTER SALES SUPPORT
☎ AUS 1300 002 534

💻 tempo.org/support

Model: AFWGPS-0722
Product Code: 709404 07/2022

Parts of the watch



1. Touch screen
2. Power button
3. Side button
4. Charging points
5. Sensor

First Time Use

Charge your watch before using for the first time. You will need to charge it for about 3.5 hours.

Charging steps:

1. Place the watch on top of the dock with the charging points on the back of the watch aligned with the charging pins on the charging dock. It will snap into position once correctly aligned.
2. Plug the USB charging dock into a USB charging adaptor (not included) or a USB port on your computer.
3. Once fully charged (battery icon is full), unplug the charging dock from the charger.

Turn on the Watch

Once the watch is fully charged, press and hold the power button for 5 seconds to turn on the watch.
To turn off the watch, press and hold the power button for 5 seconds, select "Power Off" to confirm or select "Restart" to restart the watch.

FunDo Health App

Search for the FunDo Health app in the app store to download, or scan the QR code below for installation.

For Android

For iOs

GET IT ON Google Play

Download on the App Store

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Connect to the App

Open the FunDo Health app on your smart phone. Once the app is open, follow: Device > Add device and select the first "AFWGPS0722" from the list. The smart watch will connect to the app.
The "BLE"icon at the shortcut menu will light up green after successfully connected to the FunDo Health app.

Disconnect from the App

Open the FunDo Health app. Select "Device" and tap "UNBIND DEVICE" to disconnect the watch. On iOS devices, you will also need to open the settings menu on your iPhone. Go to Bluetooth settings, tap on the "i" icon on the right side of "AFWGPS0722" and then tap 'Forget This Device' to finish disconnecting.

The FunDo Health app supports Android 5.0+ and iOS 11.0+ devices. The watch can only be paired with one device at a time. To pair to another device, please disconnect the current paired device.

Turn On the Screen

To turn on the screen, press the power button or raise your arm if you're wearing the watch.

NOTE: You will need to turn on the "Raise hand" function on the FunDo Health app for the function to work.

Functions On the Home Screen

- Swipe up to enter the main menu interface.
- Press the power again button to return to the previous menu or exit the menu.
- Press the side button to enter the sports menu interface.
- Swipe right to enter the message notification interface.
- Swipe left to enter the quick access menu interface, which displays step count, sleep data, heart rate and GPS location. You can change the menu by selecting the interface option on the main menu.
- Press and hold the watch face for 5 seconds to change the interface, swipe left/right to switch and tap to confirm.

- Swipe down to enter the shortcut menu (do not disturb mode, about, find phone, alarm clock, brightness).

Functions On Other Screens

- Press the power button to return to the previous menu or exit the menu.

Applications

Sports

The watch has 9 sport modes: outdoor running, outdoor walking, outdoor cycling, climbing, badminton, table tennis, basketball, skipping rope, yoga.
Once the desired sports mode is selected, set the calorie target and exercise time by tapping the "setting" icon. Tap the centre of the screen to directly enter the sports mode.
You can also select "Decided Sports Mode" to enter the sports mode interface without setting a target. Swipe right to pause/end the sports mode.

GPS function: the watch has a built-in GPS function allowing you to track your distance and other data. When outdoor running, outdoor walking, outdoor cycling or climbing mode is selected, the watch will automatically search for the GPS location and once successful, the screen will display "GPS Location". Tap the centre of the screen to start the sport mode, or tap the centre of the screen to skip the GPS function (without GPS location). For indoor sport modes, tap "Click Start" on the screen to start.

NOTE: Smart phone must have location settings turned on and connected to a mobile network.

Swipe right to pause or end the sports mode. Tap the "Stop" icon to save the sports mode data.

GPS searching time is subject to your location and GPS signal. It may take up to a few minutes. If you are inside a building or are underground, the function will not work.

Message

Tap on the message icon to view notifications and messages on the watch.
It will display up to 8 messages.
After pairing with the watch, on your smart phone, select "OK/allow" when asked about the notification function.

Heart Rate

Tap on the Heart Rate icon to measure your heart rate. You can view more detailed data on the FunDo Health app.

Blood Pressure

Tap on the blood pressure icon to measure your blood pressure. You can view more detailed data on the FunDo Health app.

Blood Oxygen (SPO2)

Tap on the Blood Oxygen icon to measure you blood oxygen levels. You can view more detailed data on the FunDo Health app.

NOTE: For measurements for heart rate, blood pressure and blood oxygen functions, ensure the following:

- The watch has good contact with your wrist.
- Check that the sensor is clean and there is no dirt or debris covering it.
- The results and measurements of heart rate, blood pressure and blood oxygen data cannot be used for medical reference and should be used as a guide only.

Alarm

Tap on the alarm icon to view your alarms. Tap "+" to add or modify the alarm setting. You can set the alarms on the FunDo Health app and sync it to your watch. You can set up to 5 alarms.

Weather

Tap on the weather icon to view weather forecast (up to 3 day forecast). You must be connected to the FunDo Health app.

Note: The weather will only display when connected to the FunDo Health app. You must have Internet/mobile connection for this function to work. Your phone location/GPS must also be turned on.

Timer

Tap on the timer icon to enter the timer function. Tap the default time or set customised time. Tap the ▶ icon to start the timer. Tap the ⏸ icon to pause or the X icon to stop the timer. Press the power button to exit.

Stopwatch

Tap on the Stopwatch icon to open the stopwatch function. Tap the ▶ icon to start the stopwatch. Tap the ⏸ icon to pause. Press the power button to exit the interface.