



Please read the User Guide

It will help you get the best out of your product.

Still have questions?
Call After Sales Support

1300 002 534
Or visit www.tempo.org

Warranty returns

Should you for any reason need to return this product for a warranty claim, make sure to include all accessories with the product.

Product does not work?

If you encounter problems with this product, or if it fails to perform to your expectations, make sure to contact our After Sales Support Centre on 1300 002 534 before returning it to the store for a refund.

Music

After your device is connected to the watch, while your device is playing music, swipe right from the home screen to enter the Music control interface to play/pause/switch songs. Tap the volume + and - icons to control the volume level.

Note: This feature only works for music, not video playback. Some smart phones may not support the volume control feature.

Stopwatch

Tap on the stopwatch icon to record time. Tap the ▶ icon to start the stopwatch. Tap the || icon to pause. Tap the ■ icon to reset time record. Swipe right to exit the interface.

Remote Capture

Tap on the remote capture icon to use the watch as a camera remote for your phone and the SMART-TIME PRO app is opened.

When the watch is connected with your phone, open the SMART-TIME PRO app and select Device > Camera. Once SMART-TIME PRO app is opened on your phone, go to camera mode and tap the icon on the watch screen to take a photo with your phone.

Find Phone

After connected with the SMART-TIME PRO app, tap on "Find Phone" on the watch; your phone will ring. Tap pause to exit.

GPS Location

Swipe right from the home screen to view the current latitude and longitude of your current location. If you are inside a building or underground, this function will not work. Tap the play icon to start location.

Activity

Track the number of steps taken, distance walked and calories burnt.

Sleep Monitor

Swipe right from the home screen to view the sleep monitor data. After synchronising with the SMART-TIME PRO app, you can view more detailed records on your smart phone.

Settings

Tap on the settings icon to access and change the following settings:

Brightness

Tap on the + or - icons to adjust screen brightness.

Language

Set the language.

Power Off

Select to shut down your watch.

Factory Reset

Restore all settings to the factory state.

About

Display the product name, hardware address and software version.

Shortcut Menu

Vibration

Tap to turn vibration on/off.

Low Power

Tap to turn on battery saver mode.

Brightness

Adjust display screen brightness.

Settings

Tap to access settings menu.

Change The Straps

Turn the watch over, push the top needle knob to the right to take off the original strap, then fit the new strap.

Note: only one strap is included with this product.

Watch Face

Select "Watch Face" on the SMART-TIME PRO app and select your desired watch face. It will automatically update on the watch with the new watch face.



Specifications

| | |
|---------------------|---------------------------|
| Display | 1.3", 240 x 240 pixels |
| Ingress protection | IP67 |
| Charging time | 3.5 hrs (approx.) |
| Charging base input | 5VDC, 200mA |
| Bluetooth Range | < 10m |
| Built-In Battery | Li-ion 3.7V 360mAh |
| Weight | 42g |
| Dimensions (mm) | 48.5(W) x 57(H) x 16.5(D) |

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Warranty Information

The product is guaranteed to be free from defects in workmanship and parts for a period of 12 months from the date of purchase. Defects that occur within this warranty period, under normal use and care, will be repaired, replaced or refunded at our discretion, solely at our option with no charge for parts and labour. The benefits conferred by this warranty are in addition to all rights and remedies in respect of the product that the consumer has under the Competition and Consumer Act 2010 and similar state and territory laws.

Our goods come with guarantees that cannot be excluded under the Australian Consumer Law. You are entitled to a replacement or refund for a major failure and to compensation for any other reasonably foreseeable loss or damage. You are also entitled to have the goods repaired or replaced if the goods fail to be of acceptable quality and the failure does not amount to a major failure.

Repair and Refurbished Goods or Parts Notice

Unfortunately, sometimes faulty products are manufactured, which need to be returned to the supplier for repair.

Please be aware that if your product is capable of retaining user-generated data (such as files stored on a computer hard drive, telephone numbers stored on a mobile telephone, songs stored on a portable media player, games saved on a games console or files stored on a USB memory stick) during the process of repair, some or all of your stored data may be lost. We recommend you save this data elsewhere prior to sending the product for repair.

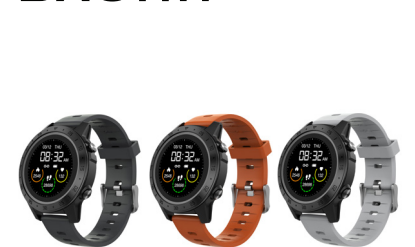
You should also be aware that rather than repairing goods, we may replace them with refurbished goods of the same type or use refurbished parts in the repair process.

Please be assured though, refurbished parts or replacements are only used where they meet ALDI's stringent quality specifications.

If at any time you feel your repair is being handled unsatisfactorily, you may escalate your complaint. Please telephone us on 1300 002 534 or write to us at:

Tempo (Aust) Pty Ltd ABN 70 106 100 252
PO Box 6056, Frenchs Forest, NSW 2086, Australia
Telephone: 1300 002 534 (Aust) - Fax: (02) 9975 2688
Tempo Help Desk: 1300 002 534 (Aust)
(Operating Hours: Mon-Fri 8:30am-6pm; Sat 9am-6pm EST)
Email: info@tempo.org

BAUHN®



Fitness Watch with GPS User Guide

AFTER SALES SUPPORT
 1300 002 534

info@tempo.org
Model: AFWGPS-0721
Product Code: 706049 07/2021

Parts of the watch



1. Touch screen
2. Power button
3. Side button
4. Charging points
5. Sensor

First Time Use

Charge your watch before using for the first time. You will need to charge it for about 3.5 hours.

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Charging steps:

1. Place the watch on top of the dock with the charging points on the back of the watch aligned with the charging pins on the charging dock. It will snap into position once correctly aligned.



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2. Plug the USB charging dock into a USB charging adaptor (not included) or a USB port on your computer.
3. Once fully charged (battery icon is full), unplug the charging dock from the charger.

SMART-TIME PRO App

Search for the SMART-TIME PRO app in the app store to download, or scan the QR code below for installation.



For Android

For iOS



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Turn on the Watch

Once the watch is fully charged, press and hold the power button for 5 seconds to turn on the watch. To turn off the watch, press and hold the power button for 5 seconds.

Connect to the App

Open the SMART-TIME PRO app on your smart phone. Once the app is open, follow: Device > Add device and select the first "AFWG0721" from the list.

The watch will display the below screen:



Tap on to confirm pairing and once connection is successful, the Bluetooth® icon will show at the shortcut menu.

The SMART-TIME PRO app supports Android 5.0+ and iOS 11.0+ devices. The watch can only be paired with one device at a time. To pair to another device, please disconnect the current paired device.

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Disconnect from the App

Open the SMART-TIME PRO app. Select "Device" and select the unpaired device and tap "UNBIND" to disconnect the watch. On iOS devices, you will also need to open the settings menu on your iPhone. Go to Bluetooth settings, tap on the "i" icon on the right side of "AFWG0721" and then tap 'Forget This Device' to finish disconnecting.

Turn On the Screen

To turn on the screen, press the power button or raise your arm if you're wearing the watch. Press the button again to turn off the screen. Raising your arm too quickly/slowly may not turn the screen on.

Note: You will need to turn on the "Wake screen on wrist raise" function on the SMART-TIME PRO app for the function to work.

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Functions On the Home Screen

- Swipe left/right to go to the data menu (heart rate, pedometer, sleep monitor, music player, GPS location, QR code). From here, swipe left/right to navigate to different data menu screens.
- Swipe down for the shortcut menu. From here, swipe up to go back to the home screen.
- Swipe up to go to the applications menu. From here, swipe up/down to navigate to the different application menu screens. Press and hold the screen for the watch face selection page. Swipe left/right for different options, then tap the screen again to select.
- Tap "No bluetooth connection" to exit when not connected to the app (for "find phone" and "remote capture")

Note: There are 3 default watch faces available. Please see page 16 of the "Watch Face" function to select more watch faces from the SMART-TIME PRO app.

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Functions On Other Screens

- Press the power button to return to the home screen.
- Press the side button to go to the next page and/or confirm the selection.

GPS Functionality

The watch has built-in GPS functionality allowing you to accurately track your distance and other data including altitude and walking/jogging pace.

When a sport mode is selected (see next page), the watch will automatically search for the GPS location and display distance, pace and altitude data. Select "Skip" to skip the GPS location tracking.

Note: tap "AGPS-update" to download the auxiliary GPS data when the GPS signal is weak. GPS function must be turned on mobile and be connected to the mobile network.

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Applications

Sports

The watch has 10 sports modes: running, walking, cycling, climbing, treadmill, yoga, elliptical, basketball, football and badminton. When an activity has been selected, the watch will display exercise data depending on the mode selected.

Press the power button and tap on the stop/pause icon when you wish to end or pause the activity.

Heart Rate

Tap on the heart rate icon to measure your heart rate.

You can also set automated monitoring time intervals on the SMART-TIME PRO app.

Blood Pressure

Tap on the blood pressure icon to measure your blood pressure.

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NOTE: For accurate measurements for both heart rate and blood pressure functions, ensure the following:

- The watch has good contact with your wrist.
- Check that the sensor is clean and there is no dirt or debris covering it.
- The results and measurements of heart rate and blood pressure data cannot be used for medical reference and should be used as a guide only.

Notification

Tap on the notification icon to view notifications and messages on the watch. It will display up to 10 messages.

- Allow permission access under "permission settings" + messages under "message push" on the SMART-TIME PRO app.
- Allow permission access of SMART-TIME PRO App on your smart phone.

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Weather

Tap on the weather icon to view live weather (up to 3 day forecast). You must be connected to the SMART-TIME PRO app.

Note: you must have Internet/mobile connection for this function to work. Your phone location/GPS must also be turned on.

Alarm Clock

Tap on the alarm clock icon to view your alarms. You can set the alarms on the SMART-TIME PRO app and sync it to your watch.

Timer

Tap on the timer icon to enter the timer function. Tap +/- to change the time. Tap the play icon to start timing; Tap the pause icon to pause or stop icon to stop.

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